

# Rotherham School Meals

## Two Choice Menu

From April 2016

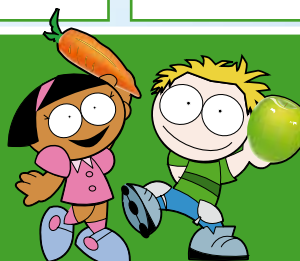
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	Lasagne (H/M)	Burger in a Bun	Chicken Curry with Naan Bread (H/M)	Roast Pork with Sage & Onion Stuffing	Fish Fingers
<b>1</b>	Jacket Potato with Selection of Fillings	Tuna Pasta Pot (H/M)	Jacket Potato with Selection of Fillings	Ravioli & Crusty Bread (V)	Quorn Sausage & Bean Plait (H/M)(V)
04/04/16	Garlic Bread	Seasoned Potato Wedges	Boiled Rice	Roast Creamed Potatoes	Chips
25/04/16	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
16/05/16	Flapjack & Custard	Bakewell Tart & Custard	Fruit Sundae	Chocolate & Orange Sponge & Custard	Banoffee Slice
13/06/16	Chocolate Mousse	Rice Crispy Bun & Juice	Cupcake	Ice Cream & Fruit	Cookie & Milk
04/07/16					
05/09/16					
26/09/16					
17/10/16					
<b>WEEK 2</b>	Cottage Pie (H/M)	Italian Chicken Pasta (H/M)	Cornish Pasty (H/M)	Roast Chicken with Sage & Onion Stuffing	Harry Ramsden's Battered Fish
<b>2</b>	Jacket Potato with Selection of Fillings	Cheese & Tomato Pizza (V)	Jacket Potato with Selection of Fillings	Salmon Pasta Bake (H/M)	Cheese & Potato Layer (H/M)(V)
11/04/16	Sliced Potatoes	Garlic Bread Potato Wedges	Creamed Potatoes	Roast / Creamed Potatoes	Chips
02/05/16	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
23/05/16	Chocolate Sponge & Chocolate Sauce	Jam Whirl & Custard	Australian Crunch	Toffee Apple Sponge & Custard	Chocolate Chip Shortbread & Custard
20/06/16	Strawberry Mousse	Cookie & Milk	Fruit Jelly	Iced Finger	Viennese Whirl & Juice
11/07/16					
12/09/16					
03/10/16					
<b>WEEK 3</b>	Pasta Bolognese (H/M)	Chicken Fajita	Hot Dog	Roast Gammon served with Pineapple	Seaside Style Fish Goujons
<b>3</b>	Jacket Potato with Selection of Fillings	Cheese Flan (H/M)(V)	Jacket Potato with Selection of Fillings	French Bread Pizza (V)	Tomato Pasta Bake (H/M)(V)
18/04/16	Garlic Bread	Potato Wedges	Diced Potatoes	Roast Creamed Potatoes	Garlic Bread Chips
09/05/16	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
06/06/16	Cornflake Tart & Custard	Chocolate Brownie	Iced Sponge & Custard	Fruit Crumble & Custard	Lemon Shortcake & Custard
27/06/16	Bun & Milk	Ice Cream & Fruit	Jelly	Muffin	Cookie & Juice
18/07/16					
19/09/16					
10/10/16					

Salad, Fresh Fruit, Yoghurt and Milk are all available every day.

H/M – Homemade

V – Vegetarian

- All food oven baked (including potato products) wherever possible.
- Bread available daily without spread.
- All desserts are made on the premises.



## Dear Parent / Carer

Please find over leaf our menus starting in the Spring Term 4th April 2016 through to 21st October 2016. Our menus conform to the School Food Standards which are a legal requirement. At Education Catering Services, we are committed to helping pupils develop healthy eating habits, as a school lunch provides many vital nutrients and vitamins that your child needs to grow physically and mentally.

A good quality balanced lunch will help your child concentrate during lessons, let off steam at play times and recharge their batteries for the afternoon. School is the ideal place to encourage children to eat healthier options, so helping to prevent childhood obesity and other health problems in the future.

With a wide variety of foods provided we are able to cater for a range of different tastes. We can cater for children with prescribed medical diets, formally diagnosed food allergies as well as cultural diets. Please contact your local operations manager on the telephone number supplied below to arrange a meeting.

The change to free meals for all infant pupils does not mean that claims for free meals from the benefits system should be ignored. If you are a parent/carer who is on low income or unemployed you may qualify for free meals, and it is important that you apply as your child's school will also receive money to assist with their education.

Applications can be made on-line or contact the Council's Revenue and benefits Section 01709 382121

We want all our children to enjoy their meals. Feedback about our lunches and service is essential to our development and your comments are welcome at **Education Catering Services** on **01709 822312** or by email at: **[EducationCateringServices@rotherham.gov.uk](mailto:EducationCateringServices@rotherham.gov.uk)**

Regards

**Joanne Campbell**  
*Catering Operations Manager*

